



Wheel of Life

For each of these areas in your life, rank them between 1-10 based on how fulfilled you feel. Write down one way you can increase your level of fulfillment for any or all of these sections.

- 1. EDUCATION
- 2. FINANCIAL
- 3. HEALTH
- 4. CAREER
- 5. FAMILY
- 6. SPIRITUAL
- 7. RELATIONSHIPS
- 8. ROMANCE
- 9. HOME ENVIRONMENT
- 10. ADVENTURE

